

# Void

## Properties

The void is created by Swadisthana which rotates around Nabhi. Through the rotation an area of a void is created and its also called the ocean of illusions. We will have to sail over this ocean to be permitted to receive the absolute truth.

When Mother Kundalini rises our attention is guided through our illusions towards a higher consciousness.

## Dharma

In the void our Dharma (ethics) is created. Dharma describes what is right or wrong and never changes. It is not an outer set of ethical rules but an inner law system that guides us through our lives. Through Self Realisation we become aware of these laws. It is important that they can only guide us because we always have our free will to do what we want.

## Satisfaction

When we clear the void our priorities change. We drop out bad habits and spend more time on our spiritual development. Socrates said "Know thyself". Through self knowledge we can see our shortcomings and with the help of meditation we can also gradually get rid of them.

cooperation.

## Qualities

Kvalitéer: Knowledge, stability and being our own Guru.

Physical aspect: Stomach

Number of petals: 10

Element: Water and fire

## Causes of obstruction

Laziness, bad habits, fanaticism and false Gurus.

## Affirmations

Left: Mother, you make me my own Guru

Centre: Mother, please make me my own Guru

Right: Mother, you are my Guru

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Through meditation we become our own judges because we can feel on the vibrations what is right and what is wrong.

